



Key Stage 5 YEAR A	FUNCTIONAL SKILLS Individual targets +	SKILLS FOR LIFE Individual targets +	PERSONAL DEVELOPMENT  A: SLD / B: Sensory	COMMUNITY & CULTURE
AUTUMN TERM	Communication ASDAN: Developing Communication Skills (DCS)  Functional Maths ASDAN: Early Mathematics: Developing Number Skills (EMNS) / Early Mathematics: Measure (EMM)  Functional English ASDAN: Developing Reading Skills (DRS)	ASDAN: Planning and Preparing Food For an Event (PFE)  ASDAN: Participating in a mini enterprise project (MEP)	Physical Development:  A & B Outdoor & Adventurous – Orienteering A & B Athletics  ASDAN: Developing Independent Living Skills: Being Healthy (ILBH)	ASDAN: Engaging in new creative activities (NCA)
SPRING TERM	Functional Maths  ASDAN: Early Mathematics: Position (EMP) / Early Mathematics: Shape (EMS)  Digital Literacy ASDAN: Developing ICT Skills (DIS)  Functional English ASDAN: Developing Writing Skills (DWS)	Granta Cooking Skills Ladders  ASDAN: Developing Skills For The Workplace: Growing and caring for plants (DWCP)	Physical Development:  A & B Circus Skills A: Team Games: Basketball / Handball B: Team Games: Volleyball  ASDAN: Developing Independent Living Skills: Personal Care (ILPC)	ASDAN: Developing Community Participation Skills: Caring for the Environment (CPCE)
SUMMER TERM	Functional Maths  ASDAN: Early Mathematics: Sequencing & Sorting (EMSO) / Understanding what money is used for (UMF)  Digital Literacy  ASDAN: Developing ICT Skills (DIS)  Functional English  ASDAN: Developing Reading Skills (DRS)	ASDAN: Preparing Drinks and Snacks (PDS)  ASDAN: Taking part in daily activities (DRA)	ASDAN: Using Interpersonal skills to contribute to positive relationships (ISPR)	ASDAN: Developing Community Participation Skills: Getting out and About (CPOA)



Key Stage 5 YEAR B	FUNCTIONAL SKILLS Individual targets +	SKILLS FOR LIFE Individual targets +	PERSONAL DEVELOPMENT Individual targets +	COMMUNITY & CULTURE
AUTUMN TERM	Functional Maths  ASDAN: Early Mathematics: Developing Number Skills (EMNS) / Early Mathematics: Measure (EMM)  Digital Literacy ASDAN: Developing ICT Skills (DIS)  Functional English ASDAN: Developing Writing Skills (DWS)	ASDAN: Preparing Drinks and Snacks (PDS)  ASDAN: Developing Skills For The Workplace: Following Instructions (DWFI)	ASDAN: Developing Self Awareness: All About Me (DSA)	ASDAN: Developing Community Participation Skills: Getting out and About (CPOA)
SPRING TERM	Functional Maths ASDAN: Early Mathematics: Position (EMP) / Early Mathematics: Shape (EMSH)  Communication ASDAN: Providing Personal Information (PPI)  Functional English ASDAN: Developing Reading Skills (DRS)	ASDAN: Planning and Preparing Food For an Event (PFE)  ASDAN: Participating in a mini enterprise project (MEP)	ASDAN: Developing Independent Living Skills: Personal Presentation (ILPP)	ASDAN: Engaging in new creative activities (NCA)
SUMMER TERM	Functional Maths ASDAN: Early Mathematics: Sequencing & Sorting (EMSO) / Understanding what money is used for (UMF)  Digital Literacy ASDAN: Developing ICT Skills (DIS)  Functional English ASDAN: Developing Writing Skills (DWS)	Granta Cooking Skills Ladders  ASDAN: Engaging the World of Work: Work Experience (EWWE)	ASDAN: Engaging with the world around you: people and friendships (EWPF)	ASDAN: Travel within the community: Going Places (CGP)



Key Stage 5	FUNCTIONAL SKILLS	CWILL FOR LIFE		COMMUNITY & CULTURE
YEAR C	FUNCTIONAL SKILLS	SKILLS FOR LIFE	PERSONAL DEVELOPMENT	COMMONITY & COLTORE
AUTUMN TERM	Functional Maths ASDAN: Early Mathematics: Developing Number Skills (EMNS) / Early Mathematics: Measure (EMM)  Digital Literacy ASDAN: Developing ICT Skills (DIS)  Functional English ASDAN: Developing Reading Skills (DRS)	Granta Cooking Skills Ladders  ASDAN: Engaging with the world of Work: Exploring Work (EWEW)	ASDAN: Rights and Responsibilities: Everybody Matters (RAR)	ASDAN: Developing community participation skills: Enrichment (CPPE)
SPRING TERM	Functional Maths ASDAN: Early Mathematics: Position (EMP) / Early Mathematics: Shape (EMS)  Digital Literacy ASDAN: Developing ICT Skills (DIS)  Functional English ASDAN: Developing Writing Skills (DWS)	ASDAN: Preparing Drinks and Snacks (PDS)  ASDAN: Engaging with the world around you: Technology (EWTE)	ASDAN: Developing Independent Living Skills: Keeping Safe (ILKS)	ASDAN: Developing Community Participation Skills: Getting out and About (CPOA)
SUMMER TERM	Functional Maths ASDAN: Early Mathematics: Sequencing & Sorting (EMSO) / Understanding what money is used for (UMF)  Communication ASDAN: Making Requests and Asking Questions IN Unfamiliar Situations (RAQ)  Functional English ASDAN: Developing Reading Skills (DRS)	ASDAN: Planning and Preparing Food For an Event (PFE)  ASDAN: Participating in a mini enterprise project (MEP)	ASDAN: Getting On With People (GOP)	ASDAN: Engaging in new creative activities (NCA)

\*ACCREDITED ASDAN PERSONAL PROGRESS UNITS (which follow on from work on the Towards Independence modules undertaken in KS4)

Other sources include ASDAN Entry Level Award in Personal & Social Development and NOCN Entry Level Certificate in Using Employability Skills

services

### PREPARING FOR ADULTHOOD OUTCOMES COVERAGE – KEY STAGE 5 (personalised and as appropriate to individual students)



**COMMUNITY INCLUSION EMPLOYMENT** INDEPENDENT LIVING Following instructions - consider any Feeding and drinking Making friends Diet and food specifics around sensory impairment Toileting Social interaction Diet - making choices Adapting to new environments Real world play (kitchens, DIY, cleaning) Visits / day trips Playing with other children Getting dressed Team playing Physical exercise Real world activities (builder / nurse / doctor) Making choices Clubs Weekend / holiday activities Numeracy Washing / brushing teeth Puberty / RSE Real world visits (fire stations, farms etc.) Telling the time Developing friendships / friendship groups Youth and after-school clubs 'What do you want to do in the future?' Paying in shops (supervised) Meeting role models Sleep-overs and residential trips Learning to be safe on and offline Talk about different careers and education Knowing the local area Cooking at school and home options Understanding money - paying for snacks in Walking short distances alone (if appropriate) Mental health and wellbeing Access to career related role models Friendships Drug and alcohol education Start to build a personal profile of interests Shopping Understanding bullying Moving around the school independently and ambitions Managing change School sessions from visitors on their careers Travel training Making decisions about how to spend free time

Structured careers advisory sessions Making decisions about what to spend money on Planning for employment: what qualifications do you Making own food need, what study programme should you be on, what Socialising in local community work experience would be most helpful Independent living skills

Transport and road signs

Mental capacity - decision making

Understanding consent and best interest

arrangements are positive and possible Actively planning for future living arrangements.

Understanding different types of living arrangements - what

Travel training

Life skills

Managing your time

Transition to adult care

Being safe in your home

Work experience, starting with tasters and building up to Managing simple bills increasing time in the workplace - with support where Managing potential income needed Residential and local learning options

Qualifications Vocational options

Continue to build personal / vocational profile - use in careers sessions

After school / Saturday jobs / part-time employment understanding supported employment options e.g.

Choices - thinking about college, and future goals

Exploring different careers and opportunities

access to work

Transition to new settings Starting micro-enterprises

Build on strengths and interests highlighted in personal / vocational

Apprenticeships Supported internships Traineeships

CV writing

Skills in applying future opportunities

Understanding support

Managing social media and other technology Online gaming and staying safe Belonging to different groups Friendships and relationships Understanding the bigger picture and building resilience Developing new friendships Personal budgets Meeting aspirations Managing your time Being safe out and about Understanding alcohol and drugs Volunteering Understanding the criminal justice system

Knowing where to go for help and how to use the emergency

**HEALTH** 

Medical professionals - dentist / doctor / optician

Managing minor health needs e.g. asthma

Articulating pain / health problems

Managing more complex health needs

Understanding what the GP can help you with

Annual health check with GP if registered Learning Disability

Switching the screens off and getting a good night's sleep

Taking responsibility for dental and optical appointments

Managing own health

Transition to adult health services Knowing when you need to see the GP Staying physically active and healthy

Understanding relationships, including sexual relationships - choices,

safety and good health