

Dolphin class

Overview for week beginning 25th January

Monday 25th January -

Targeted learning-

- **Practice handwashing** - Watch NHS video <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> (This is important and should be timetabled into the day following government guidance, Hands, Face, and Space)
- **IEP target focused activity**

PE- (live Teams session form Dolphin and Turtle class)

- **Go noodle** <https://www.gonoodle.com/>
- **Joe wicks** <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>
- **Five a day** https://www.youtube.com/watch?v=gBTvnJpwcKw&list=PLUwCWCCnnaKDi_SkmTQzOXMCK0M69eNLM

Have a look at web links and chose one that is suitable for your child.

This session will also be offered to Dolphin and turtle class live on TEAMS links will be sent out via parent emails.

English –

- Update your Cress diaries - Today make observations on the changes that have happened. How and why has there been a change in appearance of the seeds?

Then, if possible, take a picture of your child checking the seeds and stick this into the diary.

If possible, please encourage your child to write a short sentence (which you can scribe for them if necessary) to explain their observations.

- Look at slide 3 of the 'What is winter?' power point – Discuss with your child what they already know about the world
Seasons? Can they name the seasons? How many are there? Do they know which months belong in which season?
What changes are there in weather, daylight, clothing, flowers and animals?
Complete one of the following, depending which is suitable for your child
 - Seasons Matching game
 - Hello Winter
 - Seasons Wheels

Maths- White Rose Maths – 5 times table –

- Watch the video <https://vimeo.com/490421314>
- Complete worksheet (download from 2Do's on Purple Mash and edit within Purple Mash your answers, or print off via the email sent to parents or in Home learning packs)

Extension tasks available on_Purple mash individual '2do' tasks have been set for your child to complete and hand or save.

Mindfulness

Relaxed breathing- <https://www.youtube.com/watch?v=gLbK0o9Bk7Q>

calming music - [Relaxing Music For Children - Be Calm and Focused \(cute animals\)](#)

Cosmic yoga - <https://www.youtube.com/user/CosmicKidsYoga> lots of yoga sessions on this link or Mindfulness

Disney piano - [Disney Piano Collection~The Best of Disney Piano Music 4 HOURS LONG 85 SONGS\(Piano Covered by kno\)](#)

Digital literacy - Todays lesson is about being kind online.

Whatch the Youtbe link [Search It Up: Jackattack vs Robotron](#)

Then look cut out cards and working with your child put them into kind and unkind actions online. The aim of this activity is to explore "what being kind online looks like", but also establishing that context and content can play a large part in whether an interaction comes across as kind or unkind.

Tuesday 26th January Australian Day

Targeted learning-

Practice handwashing .

- Watch NHS video <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> (This is important and should be timetabled into the day following government guidance, Hands, Face, and Space)
- IEP target focused activity

9.30am Story & Comprehension (live Whole School Teams session aimed at Dolphin and Turtle class)

Links/teams invites will be sent on Monday via eSchools webmail

English –

Continue to look at 'The signs of winter' powerpoint look at slide 5 'What does winter look like' – Discuss together the weather, landscape, vegetation etc associated with Winter.

Now look at Powerpoint 'My 5 winter senses'. Read through the descriptions of winter on each slide.

Look at the vocabulary used on the 'Senses winter word mat' –

Choose some to add to the sheet 'Exploring winter with our senses'

Can we generate some more ideas of our own to add to the sheet? To help we can introduce some sensory aspects – Use a hairdryer on the cold setting and blow it over your child (only do this for a short time), let them play with some ice? What does it feel like? What does it sound like? Taste like? Dress u in Winter clothing how do they feel?

Maths – White Rose Maths –10 timesable–

- Watch the video <https://vimeo.com/490421912>
- Complete worksheet (download from 2Do's on Purple Mash and edit within Purple Mash your answers, or print off via the email sent to parents or in Homelearning packs)

Extension tasks available on Purple mash individual '2do' tasks have been set for your child to complete and hand or save.

Mindfulness

Cooling out breaths - https://www.youtube.com/watch?v=5bcZJlaO_8g

Calming music - [Relaxing Music For Children - Be Calm and Focused \(cute animals\)](#)

Cosmic yoga - <https://www.youtube.com/user/CosmicKidsYoga> lots of yoga sessions on this link

Disney piano - [Disney Piano Collection~The Best of Disney Piano Music 4 HOURS LONG 85 SONGS\(Piano Covered by kno\)](#)

Mindful Colouring - in pack sent home.

Personal development:

Fine and gross motor skills –

- Winter pencil control activity,
- Winter themed mark making,
- Winter cutting and size ordering

RE/PSE – World

Australia Day - Design a boomerang using template and symbols with meanings



<https://www.youtube.com/watch?v=UKpV9ZT4V5g> Watch video on making a traditional boomerang

Wednesday- 27th January

Targeted learning-

- Practice handwashing .Watch NHS video <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> (This is important and should be timetabled into the day following government guidance, Hands, Face, and Space)
- IEP target focused activity

PE- (live Teams session form Dolphin and Turtle class)

Go noodle <https://www.gonoodle.com/> Watch Starfish class doing Banana, Banana Meatball.

Joe wicks <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

Five a day https://www.youtube.com/watch?v=gBTvnJpwcKw&list=PLUwCWCCnnaKDi_SkmTQzOXMCK0M69eNLM

Have a look at web links and chose one that is suitable for your child.

English-

Look at the word work based on using your senses. Using the writing frames (your teacher will tell you which one to use) and the words collated over the last two days, write a Winter poem – I can see...., I can hear...., I can smell...., I can taste...., I can feel.....

Maths– White Rose Maths –Using equal groups sharing –

All pupils

- Watch the video <https://vimeo.com/492603273>
- Complete worksheet (red sheet)(download from 2Do's on Purple Mash and edit within Purple Mash your answers, or print off via the email sent to parents or in Homelearning packs)

Some Pupils

- Watch the video <https://vimeo.com/492603633>
- Complete worksheet (Green Sheet) (download from 2Do's on Purple Mash and edit within Purple Mash your answers, or print off via the email sent to parents or in Homelearning packs)

Extension tasks available on Purple mash individual '2do' tasks have been set for your child to complete and hand or save.

Mindfulness

Rainbow breathing- <https://www.youtube.com/watch?v=Q29e4rRMv4>

Calming music - [Relaxing Music For Children - Be Calm and Focused \(cute animals\)](#)

Cosmic yoga - <https://www.youtube.com/user/CosmicKidsYoga> lots of yoga sessions on this link

Disney piano - [Disney Piano Collection~The Best of Disney Piano Music 4 HOURS LONG 85 SONGS\(Piano Covered by kno\)](#)

Mindful Colouring - in pack sent home.

Live Teams Lesson via Teams invite (Dolphin & Turtle Class)- Creativity – Art & Craft -



Sticky Yarn Snowflakes

Press pieces of yarn to sticky contact paper to create your own unique snowflakes. Frame the contact paper with a paper plate and hang in the window or around the house! This is a fun art activity for a variety of ages

Thursday- 28th January 2021

Target learning-

- Practice handwashing .Watch NHS video <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> (This is important and should be timetabled into the day following government guidance, Hands, Face, and Space)
- IEP target focused activity

PE- (live Teams session form Dolphin and Turtle class)

Go noodle <https://www.gonoodle.com/> Watch Starfish class doing Banana, Banana Meatball.

Joe wicks <https://www.youtube.com/channel/UCAXW1XT0iEJo0TYIRfn6rYQ>

Five a day https://www.youtube.com/watch?v=gBTvnJpwcKw&list=PLUwCWCCnnaKDi_SkmTQzOXMCK0M69eNLM

Have a look at web links and chose one that is suitable for your child.

This session will also be offered to Dolphin and turtle class live on TEAMS links will be sent out via parent emails.

11.00 – Whole School Live Teams Yoga/Mindfulness/therapeutic story/emotions

A session run by Level 3 TA - Links/teams invites will be sent on Monday via eSchools webmail

English-

Look at words generate yesterday – keep them to hand to help with creating a Winter Acrostic Poem

– What is an acrostic poem - Look at some examples – what do they notice? Word or first word in sentence starts with one of letters to spell ‘Winter’ and describes winter.



Maths- – White Rose Maths –Make equal groups – Grouping

All Pupils

- Watch the video <https://vimeo.com/492603899>
- Complete (red) worksheet (download from 2Do's on Purple Mash and edit within Purple Mash your answers, or print off via the email sent to parents or in Homelearning packs)

Some Pupils

- Watch the video <https://vimeo.com/492603961>

Complete (green) worksheet (download from 2Do's on Purple Mash and edit within Purple Mash your answers, or print off via the email sent to parents or in Homelearning packs)

Extension tasks available on Purple mash individual '2do' tasks have been set for your child to complete and hand or save.

Mindfulness

Breath mediation- <https://www.youtube.com/watch?v=CvF9AEe-ozc>

Calming music - [Relaxing Music For Children - Be Calm and Focused \(cute animals\)](#)

Cosmic yoga - <https://www.youtube.com/user/CosmicKidsYoga> lots of yoga sessions on this link

Disney piano - [Disney Piano Collection~The Best of Disney Piano Music 4 HOURS LONG 85 SONGS\(Piano Covered by kno\)](#)

2.15pm Live Teams lesson - Life skills – cooking (from Dolphin & Turtle Class)

Instructions

1. Preheat oven to 350 degrees F.
2. Separate each biscuit into 2 horizontally, to form 16 total biscuit rounds. Place on a large ungreased baking sheet(s). Lightly press dough to even out dough into thin layer.
3. Spoon sauce on top of each biscuit round. Sprinkle cheese on top.
4. Cut carrots into thin strips to resemble snowman noses and place one on each pizza.
5. Place 2 sliced olives on each pizza for eyes, then cut a sliced olive into 4 pieces for the mouth for each snowman.
6. Bake pizzas for about 10-12 minutes or until golden brown on bottom and around edges.



<https://youtu.be/qBTH31-gbcY>

Ingredients

- 1 small pizza base
- 1 cup tomato sauce
- 4 cups shredded Italian blend or Mozzarella cheese
- Baby carrots
- Sliced olives

Friday- 29th January

Practice handwashing .

- Watch NHS video <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/> (This is important and should be timetabled into the day following government guidance, Hands, Face, and Space)
- IEP target focused activity

9.30am Whole School Celebratory assembly

Links/teams invites will be sent on Monday via eSchools webmail

English-

Make a list writing activity – Word association to Winter images

Play – Winter pairs matching games – Get your child to say the name of the object on the card to develop word recall, vocabulary and communication

Maths— White Rose Maths — ‘Make equal groups – Activity’

- Watch the video <https://vimeo.com/492604113>
- Complete activities and exercises within the video

Extension tasks available on Purple mash individual ‘2do’ tasks have been set for your child to complete and hand or save.

Mindfulness

Belly breathing - <https://www.youtube.com/watch?v=RiMb2Bw4Ae8>

Calming music - [Relaxing Music For Children - Be Calm and Focused \(cute animals\)](#)

Cosmic yoga - <https://www.youtube.com/user/CosmicKidsYoga> lots of yoga sessions on this link

Disney piano - [Disney Piano Collection~The Best of Disney Piano Music 4 HOURS LONG 85 SONGS\(Piano Covered by kno\)](#)

2.15pm Live Lesson via Teams invite –(Dolphin & Turtle Class) - Science-

Sticky Ice experiment

– See separate sheet

You will need Ice, gloves, string, water, salt, 3 bowls