



# Weekly Challenges



Dalmatian home learning

Week Beginning 20<sup>th</sup> April

I hope you're all well! I'll be emailing weekly challenges out to you all to try at home. Please don't worry if you aren't able to do these or your child really isn't interested!

I have posted out a few TEACCH style activities along with Angela. Hopefully, these should keep you busy! As a rule, demonstrating the activity first is a good thing. In class, we use really simple language: when supporting a child with a matching activity, we will often say 'find the same' and give plenty of processing time.

I've also attached some symbols and talk boards to help with communication. I will film some videos that show how best to use these: I'm just getting my head round the technology.

In the meantime, please do email me pictures!

[kblack@granta.cambs.sch.uk](mailto:kblack@granta.cambs.sch.uk)

Katie and the Dalmatian team.

## 1. Floating and sinking challenge!

You will need:

A large bowl or tub

A variety of objects that can get wet.



Drop each item into the water. Does it float or sink?



float

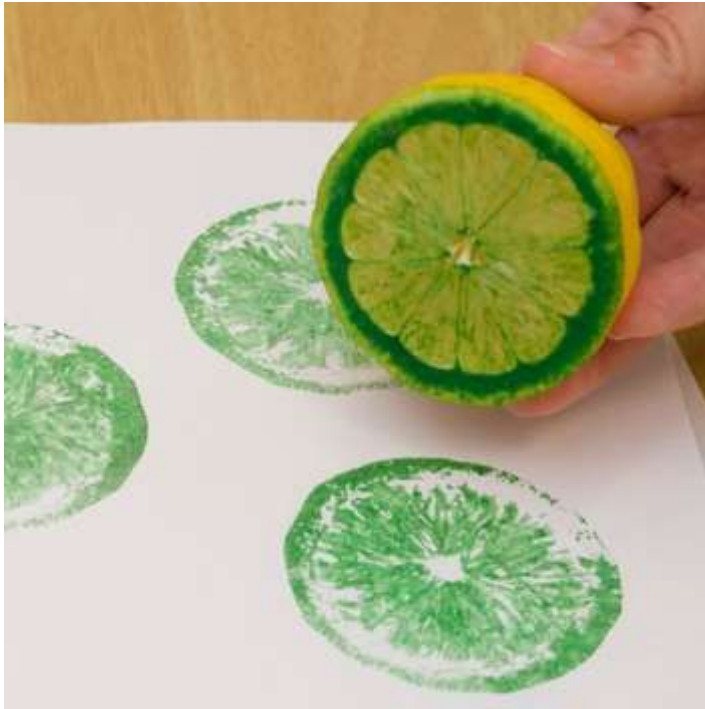


sink

Can you watch the items? Explore them in the water! Spend time playing with the materials.

## Fruit and vegetable printing

Can you use paint and fruit and vegetable to make a picture?



You will need:

A variety of fruit and vegetable

Paint

Paper

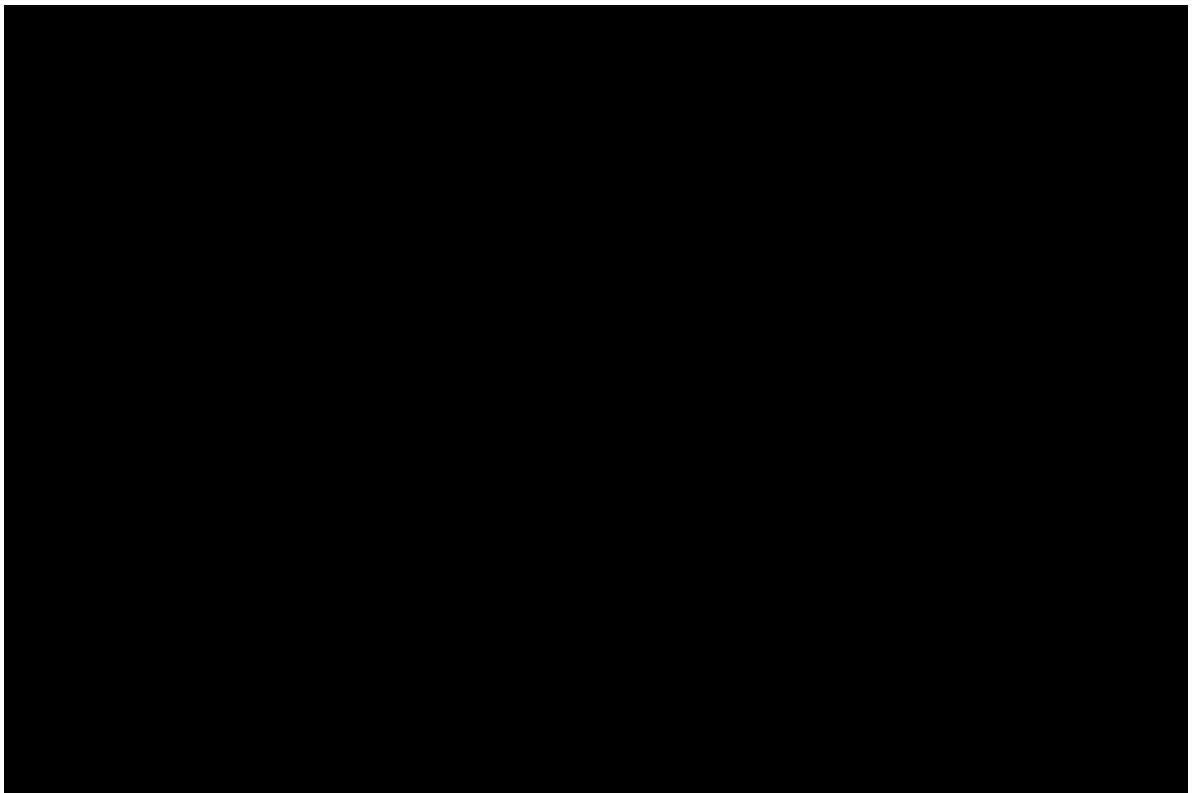
Use the vegetables to print onto paper. Can you mix colours together? How much can you do on your own?

## **2. Make a message story from a favourite books!**

There is a demonstration of this on our website:

[http://www.granta.cambs.sch.uk/website/dalmation\\_class/464674](http://www.granta.cambs.sch.uk/website/dalmation_class/464674)

Choose your favourite story and an adult will help to make a message story with you!



## Massage Moves

These are some of the massage movements we use when we create our massage stories. We showed you some of these in the 'Walking Through the Jungle' massage video. Why not use them to make up your own stories!

Emma and Katie



combing

Open fingers, in  
claw shape draw  
hand down child



cradle

Cradle their hand between  
both of yours and gently  
pull your hand away



Cupping

Tuck thumbs to side of  
fingers, place heel and  
fingers on skin and rapidly  
pat



finger

Start at base of  
finger and gently  
pull up finger and  
off end.



kangaroo

Bounce 2  
fingertips  
firmly over  
body



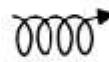
kneading

Use hands to  
knead child's skin



patting

Use flat hands to  
pat over body



rolling

Roll limb between 2  
hands



pig

Form a fist. Place side of your hand / little  
finger on child. Gently press into child as  
you twist your hand.



sandwich

Sandwich their  
hand between 2 of  
yours

### 3. Peg challenge

You will need:

Pegs

A cardboard box

Watch the demonstration video on the Dalmatian section of the school website. How many pegs can you put around your box?

This is a great counting and fine motor exercise that builds up muscle strength in the hand.

Remember to email your pictures to

[kblack@granta.cambs.sch.uk](mailto:kblack@granta.cambs.sch.uk) I absolutely love seeing them!