



# Self-Directed Support Price Guide April 2013 - 2014

**Self Directed Support** is about families having more choice, control and flexibility in how the identified social care needs of their disabled child are met. Instead of being allocated services from Cambridgeshire County Council families can now choose the services they believe will be the best for them (and meets the agreed outcomes) through the allocation of a Personal Budget.

A Personal Budget is an amount of money that Cambridgeshire County Council believes will meet the social care needs of a disabled child. The budget can be seen in terms of a direct payment (cash) and or services.

The Personal Budget sits alongside ordinary parental responsibilities and does not replace what families would normally spend on their children, for example paying for food and transport costs, holidays and 1 activity a week etc.

This brochure has been put together to help families and social workers spend the personal budget that has been allocated. This brochure only talks about Cambridgeshire County Council owned services or services that Cambridgeshire County Council have commissioned, therefore it is not an exhaustive list of activities and services that are available in the community which direct payments could be used to purchase.

It may come as a bit of a shock when looking at how much services cost but please be assured these are the actual costs or subsidised costs\*.

*You wouldn't go to the supermarket not knowing how much money you had to spend or buy things that you didn't know how much they cost. This is the same when spending a personal budget.*

When using this price guide you need to bear in mind that if your child needs 2:1 support possibly due to moving and handling or behavioural issues additional costs may be incurred as extra staff will need to be employed. If this is the case an individual price structure will be given to you.

If you decide to use any of the clubs/groups in this price guide it is expected that you will enter into an agreement whereby you agree to give 3 months notice should you no longer want to use their services, unless the provider agrees to waive this agreement as they have children on their waiting list. In understanding this you will see some service costs as annual and quarterly.

If Community Support Services (including approved agencies) are unable to deliver hours, alternative services may be offered if appropriate, however, you will need to alert your allocated worker. In the event of hours not being delivered these cannot be carried forward into next year's allocation.

If Direct Payment is not spent in the allocated year, money will be reclaimed; the money cannot be carried forward into next year's allocation.

Please be aware that by choosing a service or Provider in this price guide, it will not guarantee your child a place. This will be subject to availability.

Other documents that you may find useful -FAQ on Direct Payments and FAQ on Self Directed Support - [www.cambridgeshire.gov.uk/childrenandfamilies/specialneedsdisabilities/](http://www.cambridgeshire.gov.uk/childrenandfamilies/specialneedsdisabilities/)

## Direct Payment

Is a cash sum of money that can be used to buy services and support, for example to pay a Personal Assistant to look after your child or to go direct to a care agency to buy personal care. It could be used to buy equipment or pay for activities and short breaks etc. A direct payment will offer you more flexibility than most services. If you decide to take all or some of your personal budget as a direct payment you may need some help in understanding the rules of becoming an employer or the legality of direct payments. Cambridgeshire County Council will automatically refer you to Penderels\* (an independent) direct payment support service for you to discuss your personal needs. **This service is FREE.**



### Employer's Liability Insurance

If you choose a direct payment and employ your own carers you need to purchase appropriate Employer's Liability Insurance. Employer's Liability Insurance covers you if someone you employ is injured while working and claims compensation from you. Penderels Trust can advise and assist with the purchase of appropriate insurance.

**Amount per annum £99**

### DBS CHECKS (formally know as CRB) – Disclosure and Barring Service (DBS)

Cambridgeshire County Council follows the Department of Health Guidance on direct payments and as such strongly recommends that all carers that you recruit via a direct payment should undergo a DBS check. DBS checks will be completed on your behalf by Penderels Trust.

**Cost per DBS check £66.00**

**If you need help in managing the direct payment or with using payroll services there is a cost attached to this see below.**

### Direct Payments up to £2000

#### **Payroll only** (wage slip only)

- 1 Personal Assistant Price £138.00 annual (£34.50 a quarter).
- 2 Personal Assistants £236.00 annual (£59.00 quarter)

**BACS Account** (includes payroll, HMRC managing tax, NI returns) with payments made direct to Personal Assistant and HMRC)

- 1 Personal Assistant Price £154.25 annual (£38.63 a quarter)
- 2 Personal Assistant Price £268.50 annual (£67.13 a quarter)

**Third Party Supported Account** (holding account) under £2000 includes inclusive costs for payroll, account management, monitoring services and ongoing advice etc

Price £312 annual (£78 a quarter)

### Direct Payments over £2000

#### **Payroll only** (wage slip only)

- 1 Personal Assistant Price £138.00 annual (£34.50 a quarter)
- 2 Personal Assistants £236.00 annual (£59.00 quarter)

**BACS Account** (includes payroll, HMRC managing tax, NI returns) with payments made direct to Personal Assistant and HMRC)

- 1 Personal Assistant Price £154.25 annual (£38.63 a quarter)
- 2 Personal Assistant Price £268.50 annual (£67.13 a quarter)

#### **Third Party Supported Accounts (Holding)**

- Up to 3 invoices out per month plus one cash payment – £290.00 annual

- Up to 1 Personal Assistant Price £138.00 annual  
**Total Price £428.00 annual (£107.00 quarter).**
- Up to 7 invoices out per month on account plus cash payment - £340.00 annual
- Up to 2 Personal Assistant Price £236.00 annual  
**Total Price £576.00 annual (£144.00 quarter).**

Other fees may apply see [www.penderelstrust.org.uk](http://www.penderelstrust.org.uk) or telephone 01223 351150 for an individual quote.

## Action for Children Inclusion Project Cambridgeshire

The Inclusion Project supports disabled children and young people aged 0-19 years to access inclusive activities close to where they live.

It is the child or young person who chooses which activity they would like to attend. However, Action for Children can provide guidance and suggestions if required. Activities have included scout groups, sports clubs, youth groups, cookery courses, street dancing, holiday clubs and many more.



We provide 1to1 support by a fully trained worker for every child and young person, and can help you access funding to enable participation. The intention is to work with the child to develop their skills and confidence to be able to attend independently. We also work with the clubs and providers to advise and train them to become more inclusive, and meet the needs of the individual child or young person.

A maximum of 24 weeks can be purchased, with reviews taking place at 6-week intervals to monitor progress. If long-term support is required, we will work with other agencies to enable the child to continue participating. [www.myactionforchildren.co.uk](http://www.myactionforchildren.co.uk)

**Price: One off payment of £300**

## Action for Children Holiday Clubs

The Action for Children Holiday Clubs in Cambridge City and South Cambs give disabled children aged 6-18 the opportunity to have fun, in a safe and child-centred play environment. Holiday Clubs take place during the Easter and Summer Holidays in venues across the district. We organise a variety of activities including trips out to parks, zoos and attractions; as well as workshops, crafts, sports, games, sensory play and soft play. All of our staff are fully trained to enable the best possible support for the children and young people that attend.



**Summer Holidays 2013** up to 5 days per child or young person **Price: £164 per session**

Granta School w/b 29th July (Sensory Clubs)

Castle School w/b 5th Aug (Sensory Clubs)

Gretton School w/b 12th Aug (6-12 year olds), w/b 19th Aug (12-18 year olds)

Cambourne/Caldecote w/b 12th Aug (Active Zone), w/b 19th Aug (Activity workshops)

Family Trip – further details to be confirmed, will take place on 28th or 29th August

**Easter Holidays 2014** up to 2 sessions per child

**Price: £164 per session**

Mon 7th – Tues 8th April

Wed 9th – Thurs 10th April

Mon 14th – Tues 15th April

Wed 16th – Thurs 17th April

All venues to be confirmed

## Cool2Care

Cool2Care recruits, trains and places skilled Personal Assistants with families. They complete CRB checks and references on all Personal Assistants. Personal Assistants are able to work in your home or take your child out in the community to give parents a short break or for children to take part in activities. Through a direct payment you would then employ and pay the Personal Assistant an hourly rate. [www.cool2care.co.uk](http://www.cool2care.co.uk)

**cool2care**  
for families with disabled children Tel. 0845 123 5484

**Price Annual cost of £364\* per Personal Assistant (PA) placed. This is payable each year a Cool2Care Personal Assistant is employed. No refunds will be given if PA leaves part way through a year but the annual fee will cover recruitment of a further PA**

## CamPlay Clubs

CamPlay provide holiday and Saturday clubs for children and young people with a moderate or severe physical or learning disability.

The CamPlay service aims to provide a fun, stimulating, child-centred, safe environment for the children to play and socialise to enhance social, intellectual, emotional and physical development.



**The Saturday clubs** run from 10am to 1pm. All clubs run throughout the year except for bank holiday weekends.

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|---|--|
| Whittlesey (age range 6-19 years) fortnightly | <b>Price: Annual £845 (quarterly £211)</b> |
| Chatteris (age range 6-19 years) fortnightly  | <b>Price: Annual £845 (quarterly £211)</b> |
| Wisbech (age range 8-19 years) every 3 weeks  | <b>Price: Annual £552 (quarterly £138)</b> |
| March (age range 8-19 years) every 3 weeks    | <b>Price: Annual £552 (quarterly £138)</b> |
| Ely (age range 6-19 years) every 4 weeks      | <b>Price: Annual £423 (quarterly £106)</b> |

### **Holiday club** (age range 6-19 years)

The holiday clubs run during summer, Easter and Christmas school holidays across Cambridgeshire, including venues in Fenland, East Cambridgeshire and Huntingdonshire. All the venues are registered with Ofsted. The holiday club day runs from 10.00 am to 4.00 pm. Places are limited to ensure equability.

**Summer Holidays 2013** up to 5 sessions per child **Price: £164 per session**

Samuel Pepys, St Neots w/b 29th July, 5th Aug

Huntingdon Regional College w/b 5th Aug, 12th Aug, 19th Aug

Maple Grove, March w/b 29th July

Thomas Clarkson, Wisbech w/b 12th Aug, 19th Aug

Highfield, Ely w/b 29th July, 5th Aug

**Christmas holidays** 1 session per child venues TBC

**Price: £164 per session**



**Easter Holidays 2014** up to 2 sessions per child venues TBC      **Price: £164 per session**

8th – 9th April – Ely (younger group) and Huntingdon (older group)

10th – 11th April – Ely (older group) and Huntingdon (younger group)

14th – 15th April – Wisbech (younger group) and St Neots (older group)

16th – 17th April – Wisbech (older group) and St Neots (younger group)

[www.cambridgeshire.gov.uk/childrenandfamilies/specialneedsdisabilities/activitiesforspecialeducationalneeds/camplayclubs.htm](http://www.cambridgeshire.gov.uk/childrenandfamilies/specialneedsdisabilities/activitiesforspecialeducationalneeds/camplayclubs.htm)

## Community Support Service

The Community Support Service provides community and home-based support to disabled children and young people aged 0-19 across Cambridgeshire.

The service provides a break for the child and family, while encouraging the independence and self confidence of the child.



The service supports young people in a variety of different ways including support with personal care, support post-operatively and support to enable young people to access inclusive activities. Services are provided flexibly to meet the needs of young people and their families. The actual care will either be provided through Community Support Staff or through a domiciliary care agency. The approved agencies that the Community Support Service works in partnership with are Advantage Healthcare Group, Avenues Trust, Crossroads Care, KIDS and Sense. In the event of having the choice of provider, the child and family will make the final decision.

Please note it is expected that you will enter into an agreement whereby you agree to give at least 1 months notice should you no longer want to use this service.

**Price: £25 per hour procurement and or delivery**

[www.cambridgeshire.gov.uk/childrenandfamilies/specialneedsdisabilities/supportfromsocialcare/communitysupportservice.htm](http://www.cambridgeshire.gov.uk/childrenandfamilies/specialneedsdisabilities/supportfromsocialcare/communitysupportservice.htm)

### Club and Group general information

If you decide to use any of the clubs/groups in this price guide it is expected that you will enter into an agreement whereby you agree to give 3 months notice should you no longer want to use their services, unless the provider agrees to waive this agreement as they have children on their waiting list. In understanding this you will see some service costs as annual and quarterly.

All of the clubs have been developed with a suitable level of staffing for each group. Very occasionally a child/young person may require more staff support. This can be discussed with the activity provider to ensure the activity is appropriate and if so whether more staff is needed, this may change the price of the activity.

## Community Support Service Clubs

### Cambridge

**The Star Gang** is a club for young people aged 8-19. The club meets fortnightly on Thursday evenings from 6pm – 8pm at the Horizon's Centre, Coldhams Lane, Cambridge, and has an inclusive approach to all young people. Activities are planned termly to include arts and crafts, cooking, trips out in to the local community and much more!

**Price: Annual £564 (£141 per quarter)**

## Huntingdon

**Grafham Activity Group** is a weekly (fortnightly during winter months) club for young people aged 8-19 years and runs on a Wednesday evening from 6pm – 8pm. It is based at Grafham Water centre doing activities such as archery and wall climbing, in summer activities can also be outside including low ropes and water based activities. Crafts and games are also available for young people to do.

**Price: Annual £1096 (£274 per quarter)**

**Befriending Club** runs once a month on a Saturday for 6 hours, normally from 10am – 4pm at the Butts Grove Centre in Huntingdon. This is for approx 8 children aged between approx 10 - 19 years. This club is for attending different activities, e.g. cinema, bowling and trips to places such as Duxford as well as some months doing activities such as crafts and cooking. The young people have a range of different disabilities and are of mixed abilities.

**Price: Annual £780 (£195 per quarter)**

**Butts Grove Youth Club** runs once a month on a Saturday for 6 hours, generally from 10am – 4pm. The club is for young people aged approx 14 – 19 years. It is aimed at those young people with some independence and focuses on giving the young people choices and developing their independence skills further. The group access activities such as cinema, bowling and eating out.

**Price: Annual £780 (£195 per quarter)**

## Fenland

**March Youth Club** meets fortnightly on Thursday evenings from 7pm – 9pm at the YPM building, City Road, March PE15 9LS. This Youth club is for children and young people aged 8-19 years and has an inclusive approach to all young people. Activities are planned on a three month basis and include some of the following: Arts and crafts / Messy Play, Cooking, Games indoor and outdoor as well as trips out to the local park or library.

**Price: Annual £564 (£141 per quarter)**

**Teens Group** runs once a month for 4 hours this is usually on a Saturday 2.30pm – 6.30pm (however the time is variable dependent on the chosen activity for any particular day). The club base is Elm Children & Family Centre Main Road, Elm. Wisbech PE14 0AG. This Group is for young people aged between 13 & 19 years and is aimed at improving independence skills and offer new opportunities. All of the activities are chosen and led by the young people, therefore promoting independence. Within this time the young people participate in their chosen activity such as a trip to the cinema, sea side, out for a meal, cooking a meal on the premises (including planning the meal and purchasing the ingredients) to name a few.

**Price: Annual £520 (£130 per quarter)**

## Crossroads Saturday Club – Cambridge

There are two fortnightly groups at Castle School, running in the sixth form block, for age groups 8-14 and 15+. These groups are for children and young people with autistic spectrum conditions and other learning and physical disabilities. The direction of these groups is led by the children and young people in partnership with the staff team and they focus on independence skills and socialising, including trips out to shops, leisure activities, using public transport, home skills and cooking.



These groups run for 48 weeks of the year, with a week's break at Easter and Christmas and a

two week break in the summer. They run for 3 hours on a Saturday morning (9.30-12.30). Children attend fortnightly (24 weeks of the year).

**Price: Annual £1165 (£291.25 per quarter)**



## Crossroads St Neots Community Group

On Saturdays in St Neots Crossroads run a community based group for children and young people with additional needs. Children and young people attend fortnightly and there is a varied programme of activities based on what they the children would like to do, for example, soft play, swimming, shopping and trips to specific activities such as Duxford. Parents and Carers are given the programme in advance and drop off their children at an agreed location, where they are met by our trained support staff and may use our adapted minibus. The group currently runs for two and a half hours in term time.

**Price: Annual £1165 (£291.25 per quarter)**

## Crossroads Sunshine Club



The Sunshine Club was set up in 2001 and offers a safe, caring and fun environment to young people aged 5-11 years who live in Cambridge City, South & East Cambridgeshire with autistic spectrum disorders. Activities include art and crafts, outdoor play and cooking.

This group runs for 48 weeks of the year, with a week's break at Easter and Christmas and a two week break in the summer. It runs for 3 hours on a Saturday morning (9.30-12.30). Children attend fortnightly (24 weeks of the year).

The Sunshine Club Eligibility:

This club is for children with Autistic Spectrum Conditions aged 5 – 11 years old, from Cambridge City, South and East Cambs. In order to comply with our OFSTED registration which does NOT include Early Years Registration, children are eligible to attend the Sunshine club only after the August after their 5th birthday. Families assessed as eligible for short breaks funding or self directed support can use this to attend the club.

**Price: Annual £1165 (£291.25 per quarter)**

## Papworth Trust



Papworth Trust runs Fun United youth clubs across Cambridgeshire for young people aged 12-19 years. Clubs take place from 7-9pm during term time in Ely, Huntingdon, March, Bury and Wisbech. Led by what the teenagers want to try, the clubs are a creative, fun space for them to make new friends and get new experiences. We also offer person centred planning support. Contact us to find out the regular days for these clubs.

Peer interaction and enabling independence is the focus through fun activities including; table top games, soft play, art and crafts, music, games including Wii and some trips to community leisure facilities.

Huntingdon - Monday 7.00 to 9.00pm

March - Tuesday 7.00 to 9.00pm

Wisbech - Wednesday 7.00 to 9.00pm

Ely - Thursday 7.00 to 9.00pm

Bury - Thursday 7.00 to 9.00pm

**Price: Annual £950 (£237.50 per quarter)**



## Romsey Mill – Aspire Programme

The Aspire Programme run youth clubs in Cambridge City and Cambourne for young people with autistic spectrum conditions who are in mainstream schools.



The weekly youth clubs create a social space for members to interact at a level with which they are comfortable. A high ratio of support is offered from committed volunteers. Young people go to relax and be themselves, and to do things that they enjoy. There is no pressure to socialise, but members often find they enjoy sharing activities such as board games, pool, table tennis, lego, crafts or cooking, with others who have similar interests and difficulties.

**Price: Annual £1175 (£293.75 per quarter)**

## Scope Saturday Club

The Scope Saturday club runs monthly at Meldreth Manor School, offering trips out and a range of onsite facilities including: a sensory studio and an outdoor Learning Curves play area. The club is for ages 8-19 years and runs from 10.30 am to 16.00 pm.



**Price: Annual £1344 (£336 per quarter)**

## Sense

Sense provides support to children aged 8 – 19 years who have a dual sensory impairment or a single sensory impairment with additional needs. They run a Saturday club twice a month 10.00am to 4pm at Knapwell Resource Centre.

Children can attend one or both sessions. Activities include access to the community, bowling, days at Grafham Water and other exciting days out. Sense also provide sensory toys and a sensory light room, music, cooking and art sessions, massage and lots more creative activities to ensure children have an exciting and enjoyable day. All children are supported on a 1:1 basis and have staff that are specialist trained in British Sign Language to encourage children to develop their signing skills.

Sense also offer 48 hour short breaks tailored to each child's individual needs and abilities and a 1:1 home-based support through Intervenor or Communicator Guide services.



**Saturday club price 1 session a month**

**Annual £1340 (£335 per quarter)**

**Saturday club price 2 sessions a month**

**Annual £2680 (£670 per quarter)**

**Home based support**

**£19 per hour**

**48 hour Mini Break**

**£1375**

**(If extra staff members are required for a 48 hour break, additional costs will be applied)**

## The Junction – Total Arts

The Total Arts creative learning group is for young people aged 11-19 with disabilities. They offer workshops featuring dance, drama, music making, film production and story devising leading to productions at the Junction. A great range of creative professionals and support staff offer quality care. This group runs term time on a fortnightly basis on Saturdays 11.00 am to 3.00 pm at The Junction in Cambridge.



**Price: Annual £1500 (£500 per term)**



## Local sources of useful information

### Pinpoint

Pinpoint is an independent information, support and involvement network for parents of children with additional needs in Cambridgeshire. Pinpoint has a wealth of information on local and national issues, activities and events.

For more information telephone 0751 741 9761 or visit [www.pinpoint-cambs.org.uk](http://www.pinpoint-cambs.org.uk)

### The Disabled Children's Database (also known as SCIP)

If you are the parent carer of a child or young person aged 0 - 19 years, who has additional needs or disability, you can enrol them on SCIP.

Enrolling on SCIP can benefit you in a number of ways:

- The SCIP coordinator will send you information on activities and events taking place in Cambridgeshire.
- You will receive the Carers Magazine. This is a quarterly publication full of interesting information on what is happening in Cambridgeshire. You will also receive the Carers Support Directory, which contains information on organisations and services in the county.
- You will receive the Cambridge, Fenland or Huntingdon Clubs & Groups factsheet. These have been produced for families and are packed with information on support groups, youth clubs, sporting groups and lots more.
- The most important benefit to joining SCIP is you will be influencing the future of services in Cambridgeshire.

For more information visit

[www.cambridgeshire.gov.uk/childrenandfamilies/specialneedsdisabilities/supportforsend/disabledchildrensdatabase/](http://www.cambridgeshire.gov.uk/childrenandfamilies/specialneedsdisabilities/supportforsend/disabledchildrensdatabase/)

Or telephone Joan Adamson (Scip Coordinator) on 01480 379827 or email

[joan.adamson@cambridgeshire.gov.uk](mailto:joan.adamson@cambridgeshire.gov.uk)

### Cambridgeshire.net

Visit [www.cambridgeshire.net](http://www.cambridgeshire.net) for information on events, activities, groups, clubs, organisations and courses all in your local area.

### Emergency Care Scheme

The scheme is designed to help parents/carers think about who they could call upon in an emergency such as illness, accident or admission to hospital and to clarify what help they can look for from family, friends and neighbours or from an agency that is providing a service for their child/young person.

You will receive help to put together a plan detailing who to contact if there is an emergency and parent/carers are unable to care for their child.

There is a 24 hour telephone response service so nominated emergency carers can be contacted and care initially co-ordinated for up to 48 hours if required.

For more information visit

<http://www.cambridgeshire.gov.uk/childrenandfamilies/specialneedsdisabilities/supportfromsocialcare/emergencycarescheme.htm>

## **Families Information Service**

The Families Information Service provides information for families with children aged 0 – 19, and up to 25 for families with a child with disabilities. Our website has information on a wide range of topics including school admissions, parenting, childcare and there is a section bringing together information for families with a child with disabilities or special educational needs. For more information telephone 0345 045 1360 or visit [www.cambridgeshire.gov.uk/families](http://www.cambridgeshire.gov.uk/families)

# The following Services are only available to those where it has been agreed that they are eligible and a social care assessment has been undertaken.



## Family Link

Link is a countywide service providing day and overnight short breaks to children or families with complex needs. Skilled care is provided in a Link carer's family home, and can be accessed by children aged 0-19. Service outcomes

- The long-term, supportive relationship of a Link carer - potentially over several years. Carers are approved by the Fostering Service and receive on-going training and support.
- For disabled children, a regular 'home from home' experience with another family. Children with disabilities often find it difficult to access such experiences in the way that other children do, especially if they have complex needs, or if friends and family aren't around or able to help.
- Extended periods of time for parents to focus on other children in the family or on their own needs.

The commitment and expertise expected from our carers, mean that it can take time to find the right carer for a family. However, we also have a number of carers able to provide more immediate support options, which your child's social worker can discuss with us. Access to this service requires formal agreement by the Social Care Panel.

[Family.link@cambridgeshire.gov.uk](mailto:Family.link@cambridgeshire.gov.uk)

**Price: £32.23 per hour daycare up to 8 hours. £257.84 per overnight (up to 24 hours).**  
**(Additional costs may be incurred to meet equipment and transport needs)**

## Residential Short break

This service offers short breaks for a range of children and young people usually aged 8-19 including those with complex health needs (where appropriate younger children with health needs will be accepted), providing a welcome short break for families.



The service runs from the Residential Short Breaks homes at Woodland Lodge (Huntington) and Haviland Way (Cambridge).

**Price: £513 per stay**