**Hello everyone,**

**It is time for week 3 of the Silly Squad** summer reading challenge. This week our story is **Kitchen Disco** by Clare Foges. Have you ever wondered what the fruit in your fruit bowl do when you are tucked up in bed? Listen to the story to find out.

First, let’s get out bodies moving. Your body will need to be warmed up for **Activity 6**.

**Activity 1:**

Time toget active with **Joe Wicks**:

<https://www.youtube.com/watch?v=u0_1QBQ8Syk> JW

Next, choose one activity to do in **Activity 2**.

**Activity 2: Apple crafts** (if you do not have apples you

 can use any fruit or vegetable that you have)

 Choose one of the craft activities below to do.

**You will need**:

Paper or paper plate

Paint / felt tips (if you do not have paint, add a little food

colouring to some water. Or use your felt tips

or crayons to draw your own picture)

Glue

Scissors

**Lady bug apple print**

 1. Cut your apple in half

 2. Put a little paint on a plate

 3. Press the cut side of the apple into

 the paint

 4. Press the painted side onto to the

 Paper to make some prints

 5. Use a black felt tip or crayon to

 draw on the head and spots

**Hungry caterpillar**

1. Paint or colour your plate red

2. Cut a little piece off the

 top and the bottom of the plate

 (see picture)

3. With adult help, cut a caterpillar

 shape out of a piece of paper and

 colour it green

4. Cut out a leaf and a stalk. Colour

 these

5. Glue your leaf, stalk and caterpillar

 onto your apple

**Fruit pattern prints or picture**

1. Mix up some paint (or use crayons or felt tips)

2. Cut some fruit or vegetables in half

3. Make a print pattern on your paper, or draw your own picture

**Activity 3: The big tidy up**

1. Put all the fruit in the bin / compost bin
2. Collect all the dirty equipment and put them in the sink
3. Do the washing up
4. Wash your hands
5. Wipe the table with a clean cloth
6. Put your crayons / felt tips away
7. Put your amazing art work somewhere safe to dry
8. Have a good look around, have you forgotten anything?

**Activity 4: Getting ready for a disco**

Imagine you are going to a disco or a party. To get ready, what would you need to do? Perhaps:

**Check** in the mirror, is your face clean? Are your hands clean? If you answered ‘no’. **Go and wash your hands and face**. Don’t forget to dry them well.

Now wander round your home and find five things you need to do to get ready for the disco or a party. You could collect:

* a brush, to brush your hair
* your favourite T’shirt to wear
* clean socks, no one likes smelly feet
* a cloth or duster to clean your shoes or trainers
* the picture you painted or your print to give to a special person to say thank you

**Activity 5: Sharing a digital story:**

**Kitchen disco** by Clare Foges and Al Murphy.

1. Click on the Youtube link below; watch and listen to the

 story:

 <https://www.youtube.com/watch?v=1HvtPtcUC_U>

2. Fill in your story record sheet.

3. Do you recommend this story: Yes / No

4. If you share a story or read a book at home, add it to

 your reading record. If you enjoyed this story, let

 your teacher know.

5. Keep reading and sharing stories

**Activity 6: The family conga**

[**https://youtu.be/h113zPM-Zkc**](https://youtu.be/h113zPM-Zkc)

Just like the grapes, it is time to do the **conga**. Get you family on their feet. Form a line one behind the other, with you at the front. Now take them around the house doing the family conga. **Have fun**.

Remember: 1 / 2 / 3 … conga

You have worked really hard, now it is time for **Me time.**

**Activity 7: Me time**

If you can, go out into the garden, lie down and look at the sky. Take a cover to lie on if you want to and maybe something special with you.

Lie down on your cover and **look** up at the sky. Look really hard. What colour is the sky? Blue? Grey? A little bit yellow?

Can you see any clouds? What do they look like? Are they big and fat and fluffy, like big balls of cotton wool?

Are they thin and wispy like feathers?

Are they all different colours? Does it look like they are full of rain?

Are the clouds hanging over your head? Floating by slowly or, are they moving very fast?

Lie still for a moment. What shapes can you see?

Close your eyes and count yourself down: **5 / 4 / 3 / 2/ 1.**

**Silly Squad 3** has finished, I hope you had fun.