

## How to tell a Sensory Story.

In class we would tell this story using a range of different sounds, actions and props.

In this way we hope to engage the children's attention and help them link a specific action with each part of the story.

This helps them to anticipate events in the story.

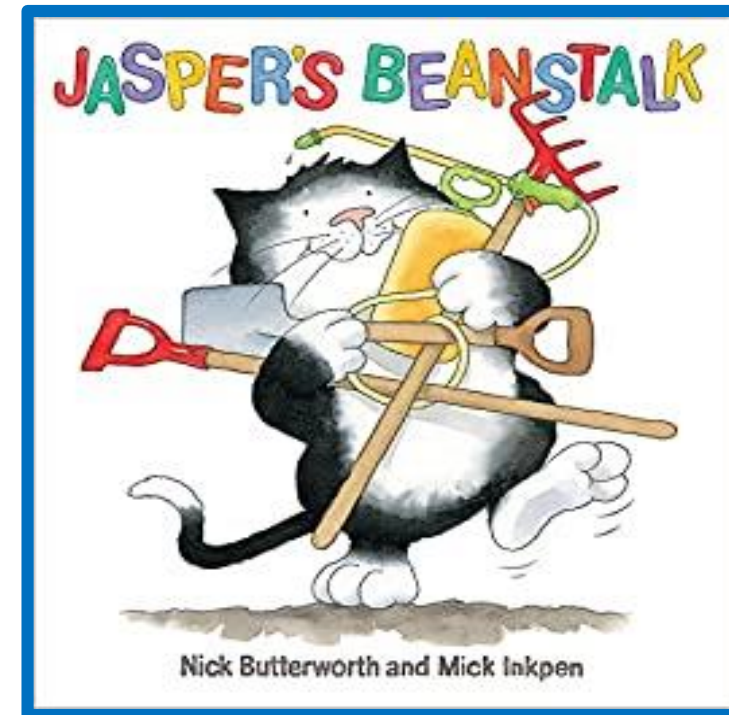
We would gradually increase their understanding by repeating the story many times over the weeks.

If you would like to give this a go, I have suggested some actions you can do to/with your child as you read the story.

Add in actions that you know your child enjoys and will look forward to.

Read each story page and then engage your child with the action.

Don't worry too much if they don't appear to be listening or reacting - keep going through the story. It might take quite a few readings for them to become familiar with the story. You might begin to see them react to and anticipate certain actions .... the water sprayer is usually a big hit in Panda class!



**Tip:** We keep all the items for the story handy in one box or bag. You might want to print the story out and have it in the box too.

1. Start by saying...  
*'Time for a story'*

On Monday  
Jasper found  
a bean.



2. On Tuesday  
he planted it.



Make a rattling noise...  
by shaking buttons in a biscuit tin

Or empty water bottle.

Or use a rattle toy.



Drop a ball or small toy into a cup or pot.



You could use the tin and  
bead/button from the last  
page!

3.

On Wednesday  
he watered it.

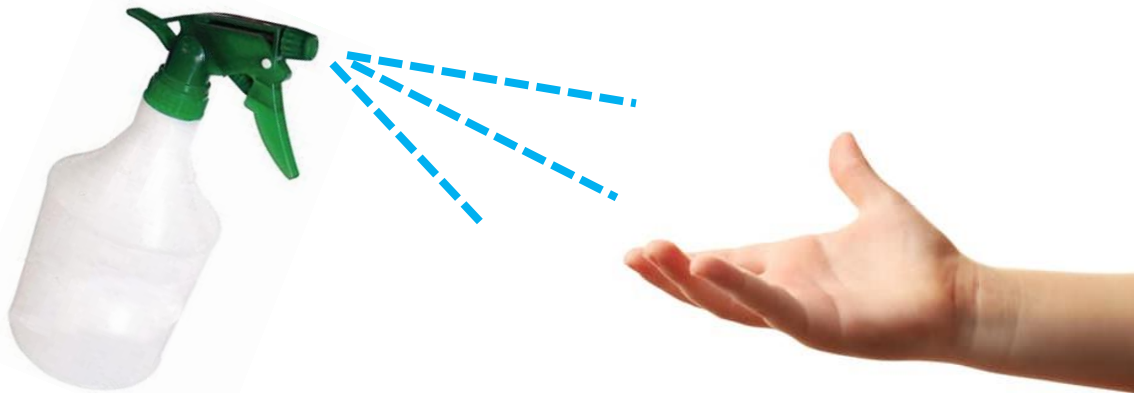


4.

On Thursday  
he dug and raked  
and sprayed and  
hoed it.



Spray each other with a water plant sprayer on  
hands or feet  
Or flick water from a cup  
Or dip fingers into water

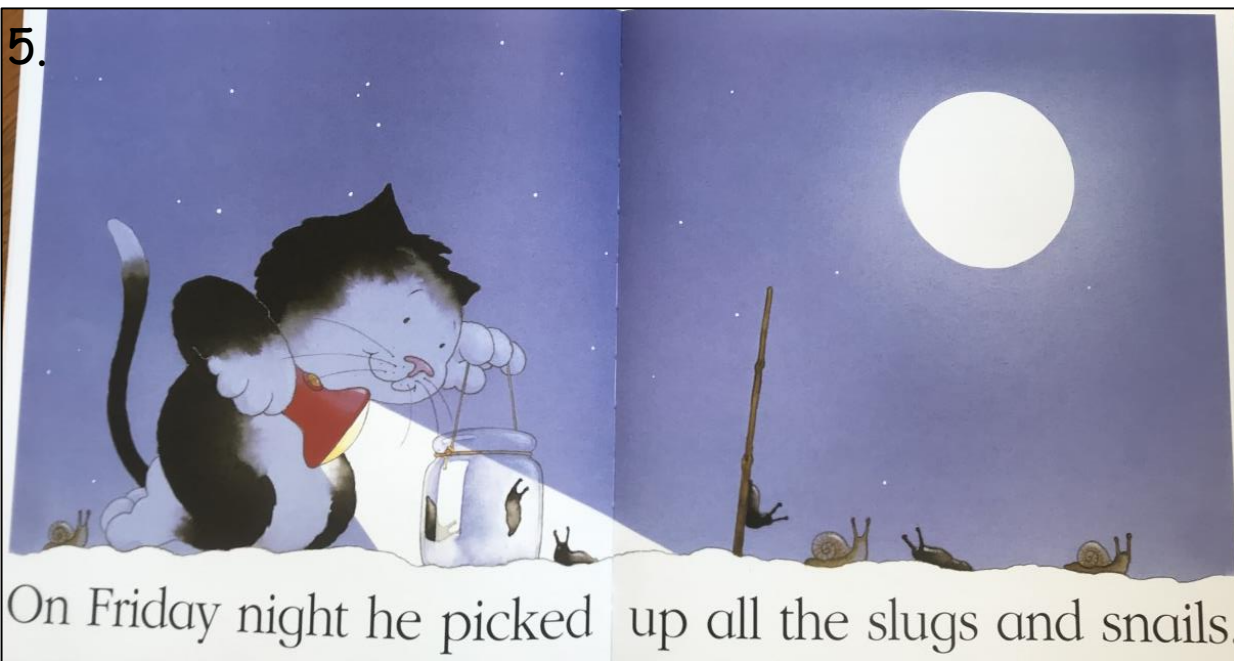


Use a plastic toy rake to gently massage your  
child's back or lap.  
Or use your hands to do this.





5.



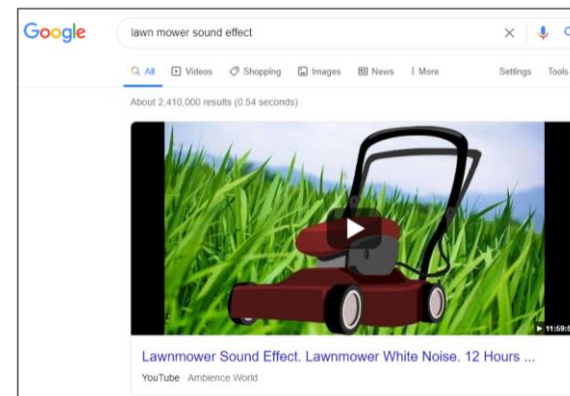
6.



Use a sheet or scarf to cover over your heads and play with a light toy or torch.



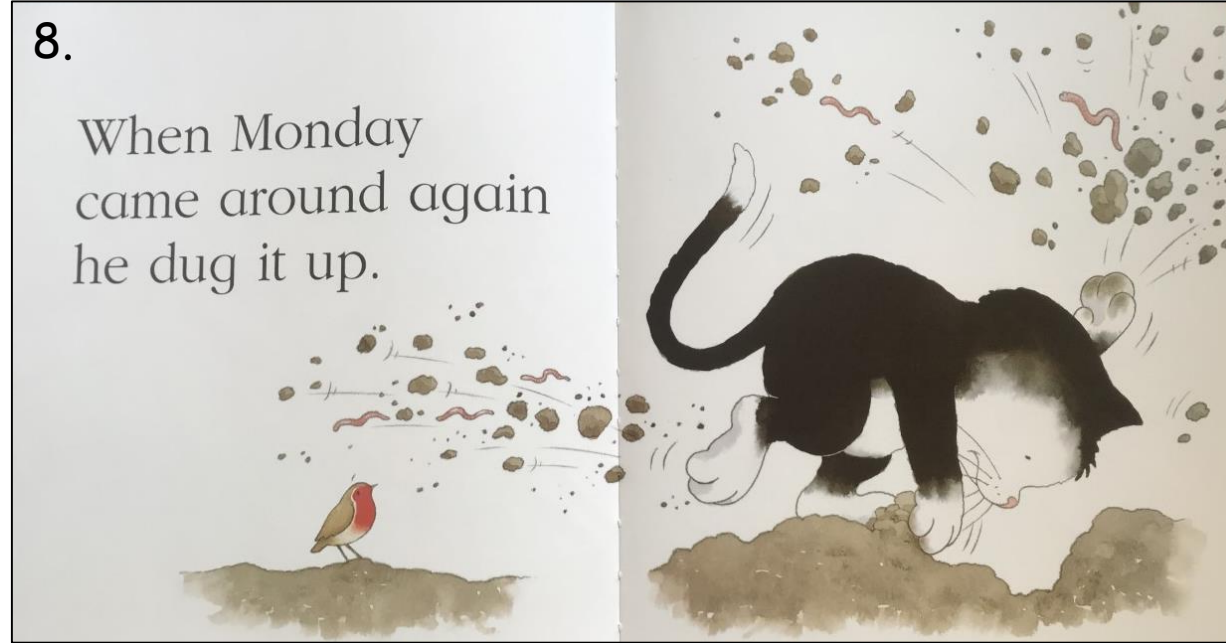
Play the sound of a lawn mower or motor on your phone  
Or drive a toy car over your child's body while making a 'brummm' sound.



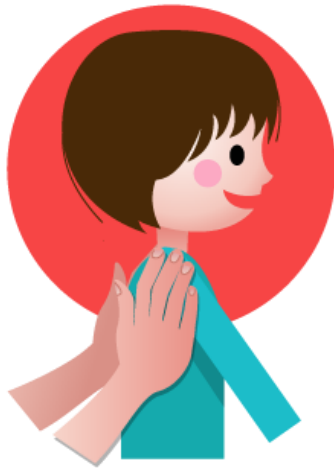
7. On Sunday  
Jasper waited  
and waited  
and waited...



8.  
When Monday  
came around again  
he dug it up.



Press your both your hands onto your child's  
shoulders, arms or knees each time you say '*waited*'.  
(As much pressure as you know your child enjoys.)



Trickle sand or soil over your hand or onto your  
child's hand.



9.

'That bean  
will never make  
a beanstalk,'  
said Jasper.



10.



But a long, long,



long time later...

Shake your head while reading the text in a sad voice.



Or make this BSL sign for 'sad'.

Press your both your hands onto your child's shoulders, arms or knees each time you say '**long**'.  
(As much pressure as you know your child enjoys.)





11.

It did!

(It was on a Thursday, I think.)



12.

Now Jasper is  
looking for giants!



Pull material upwards through your hand so it grows!  
Use a sheer scarf or some crinkly or shiny material



Finish by saying...

***'5 4 3 2 1 story has finished'***