

Summer Term 2021 Learning Letter – Pemberton Class

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PHYSICAL DEVELOPMENT

We will be participating in athletics. Running for speed and endurance; running as part of a team; throwing using different styles and implements; jumping from 1 foot and 2 feet and for height and distance.

Also we will walk, cycle/tricycle regularly.

Ways you can help your child:

Support your child to remain active and to participate in 60 minutes of activity per day of walking / cycling / tricycling / physiotherapy / fitness exercises / dance. We will be helping them to be active not only in physical development lessons but also during break and lunchtimes and between lessons.