

Home learning week beginning 1st March 2021

Spring theme

**Monday 1st March -
9.20 Bite size daily**

Targeted learning- Practice your IEP targets and do some reading.

PE- Go noodle- <https://www.gonoodle.com/> Watch Starfish class staff team doing the Banana, Banana Meatball Go noodle dance routine let's all have a dance together <https://youtu.be/acDUVsH8ggs> or choose your favourite song and get active or why not try something new https://www.youtube.com/watch?v=sGS2Ujy1_40&feature=youtu.be

English – Listen to the Spring song on you tube

<https://www.youtube.com/watch?v=aTEWXBhvsg4>

Write your own Spring poem using the letters of the word Spring. Don't forget to share them with us.



Communication – practise signing - listen and sign along to a Singing hands song on You tube.

11.00- 11.30 - Live online learning – Teams-Fitness

Maths- Listen to our count to 100 song-

<https://www.youtube.com/watch?v=0TgLf3PMOc&list=PL4xFt4PgZEgdzrksyHQIs9YzGLQFWeBdK&index=8&t=0s>

Purple mash to do tasks Maths tasks and mini mash and complete your maths activities linked to numbers.

Mindfulness- Listen to some relaxing music and either do some colouring or just close your eyes and relax Or try something new like Peace out –magic tree house

<https://www.youtube.com/watch?v=WholeqDJM6E>

1.00-1.30 -Live online learning- Teams -Story and comprehension.

Fine motor skills- Practise your cutting /fine motor skills –Make your own Mr Potato head person.





Tuesday 2nd March

9.00-9.30 –Teams meeting Join Lucinda and some of Starfish class staff and pupils and Play a game with Lucinda and your class friends.

Targeted learning- Practice you IEP targets. Find a book you like and practice your reading, can you sound out any unfamiliar words.

9.30-10.00 - Live online learning- Arts and craft

PE- Go noodle or Jo wicks workout – You can choose which you would like to do Go-Noodle

<https://www.youtube.com/watch?v=lmhi98dHa5w> /Jo Wicks

<https://www.youtube.com/watch?v=XP1Eiss81NA> or Why not try something new Caroline’s sensory circuits on Granta You tube to get you warmed up for the day.

<https://www.youtube.com/watch?v=OneeNhTMLyU>

11.00-11.30 -Live online- Story and comprehension

English – Go to Twinkl go- listen to Serens story and complete the activities linked to the story on Twinkl go- Access this lesson using pin code: **WJ3146** at [Twinkl Go](#)

Maths –

Opener and warm up -Listen to our count to 100 song-

<https://www.youtube.com/watch?v=OTgLf3PMOc&list=PL4xFt4PgZEgdzrksyHQIs9YzGLQFWeBdK&index=8&t=0s>

Last week you coloured the number bonds rainbow, using this can you complete the missing number number bonds sums below?

Star Number Bonds to 10

Write the missing number to make each star equal to 10.

The worksheet contains the following addition problems in stars:

- 6 + □
- 8 + □
- 10 + □
- 2 + □
- 5 + □
- 9 + □
- 1 + □
- 3 + □
- 7 + □
- 4 + □
- 0 + □

Mindfulness- Listen to some relaxing music and either do some colouring or just close your eyes and relax. Why not try something new? How about trying peace out Balloon guided meditation

<https://www.youtube.com/watch?v=ZBnPlqQFPKs>

1.00-1.30 -Live online learning- Therapeutic story /Emotions

Art-

Create an egg box daffodil –

Supplies

- One segment of an egg box
- PVA glue
- Scissors
- Yellow or orange paint
- Paintbrush
- Green and yellow card
- Flower head template

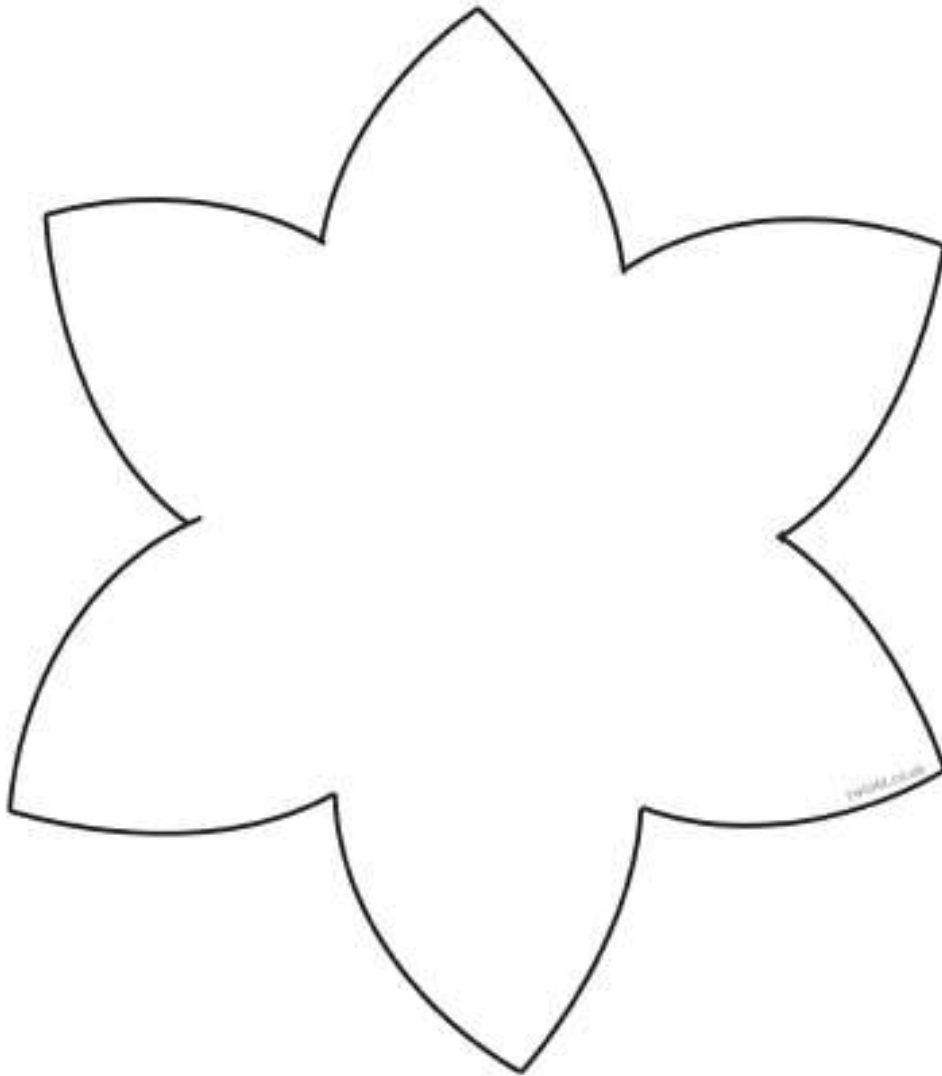
1 Draw around the flower head template onto yellow card, then cut out.

2 Paint the segment of egg box yellow or orange, then leave to dry.

3 Stick the egg segment to the middle of the flower using PVA glue. Then, add a strip of green card to create a stem.

4 Once dry, the daffodil can be hung or displayed on a wall.

Daffodil Template



Wednesday 3rd March

9.30-10.00 - Live online learning- Teams – Arts and crafts

Targeted learning- Practice your IEP target and do some reading.

PE- Go noodle <https://www.gonoodle.com/> or Joe

Wicks <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ> have a look at both web links and chose one that is suitable for your child.

English- Phonics - <https://www.phonicsbloom.com/> Phase 1, phase 2, phase 3, and phase 4 interactive Phonics games.

Maths-

Opener and warm up- Listen to our count to 100 song-

<https://www.youtube.com/watch?v=0TgLf3PMOc&list=PL4xFt4PgZEgdzrksyHQIs9YzGLQFWeBdK&index=8&t=0s>

Go to purple mash and complete your To-do tasks on Number bonds or ordinal numbers.

11.00-12.00 -Live online learning- Home cooking

Mindfulness relaxation, calming music, yoga, colouring, Disney piano or try something new watch Ashleigh do Yoga and join in with some of the yoga exercises (**check with an adult that the exercises are suitable for you before you do them**) The video is in your To-do tasks on Purple mash

Knowledge and understanding of the world- Science-

Can you name the flower parts?

Can you predict what will happen to the white flowers?

What part of the flower does the water travel up to get to the flower?

Take some photos of your flower as it changes.

Did you predict what would happen?



Colour Changing Flowers

Materials

- White flowers
- Food colouring
- Cups or glasses
- Scissors

Method

- You will want to begin with six white flowers. We used daisies this time, but other flowers will also work.
- Start by trimming the flowers so that they will fit nicely into whatever cups or glasses you are using.
- Giving the flowers a fresh cut also helps them to absorb the coloured water more quickly.
- Fill your cups with the desired amount of water, and then add several drops of food colouring and a flower to each cup.
- Watch what happens to the white flowers over the next 10 days.

On Twinkl Go is an interactive parts of a flower labelling have a look and see if you can remember the names of the different parts of the flower

Access this lesson using pin code: **TZ8327**

at [Twinkl Go](#)

1.00-1.30 -Live online learning- Sensory story

Thursday 4th March- World book day- Dress up as your favourite story book character. Can you take a picture of yourselves with your favourite book.

9.00-9.30 –Teams meeting join Angela and some of Starfish class staff and pupils and share your news and show us some of the work you have been doing.

Target learning- Practice Hand washing and IEP targeted activity

10.00-10.30 -Live online learning- Attention Autism- Bucket

PE- Go noodle <https://www.gonoodle.com/> or Joe

Wicks <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ> have a look at both web links and chose one that is suitable for your child.

English- Reading - Read a story/text together ask your child key facts such as: What's the story about? What are the characters names? What are they doing in the story? What might happen next? Where is the story set? Can they say what will happen next? Do they recognise any familiar words? Can you draw a picture of your favourite part of the story and give your picture a title and write a sentence underneath.

11.00- 12.00- Live online learning- Teams –Yoga/ mindfulness/therapeutic story /emotions

Maths- Opener and warm up- Listen to our count to 100 song-

<https://www.youtube.com/watch?v=0TgLf3PMOc&list=PL4xFt4PgZEgdzrksyHQIs9YzGLQFWeBdK&index=8&t=0s>

Go to Oak academy - https://classroom.thenational.academy/lessons/recognising-number-bonds-to-five-and-six-cmw3jt?activity=intro_quiz&step=1

- Complete the grouping quiz (how many?)
- Watch the lesson on number bonds for 5 and 6.

- Complete the worksheet at the end of the lesson.

Mindfulness relaxation, calming music, yoga, colouring, Disney piano. Why not try spring inspired yoga <https://www.youtube.com/watch?v=aDIBltOj4pE> or <https://www.youtube.com/watch?v=uyj5LooYWyg>

Life skills- Cooking

- 1, Can you follow the recipe with support?
 - 2, Can you weigh the ingredients out?
 - 3, Can you stir the mixture in the bowl without spilling it?
- Send us your photos of you making or eating your flapjack.
Don't forget to do your washing up and tidy away.
Enjoy sharing them with your family.

Easy Cinnamon Rolls

How to make easy cinnamon rolls at home with just 4 ingredients!



Cook Time 20 minutes

Total Time 20 minutes

Ingredients

- Ready roll puff pastry
- 2 tbsp softened butter, or applesauce for low fat
- 3 tbsp sugar, unrefined or sugar sub if desired
- 2-3 teaspoons cinnamon

Instructions

. To make the cinnamon rolls: lay out dough on a floured surface (any flour works, even coconut flour). Spread remaining ingredients on top. Cut long strips, then roll each up as tightly as possible. Put in a greased baking pan. Preheat oven to 400 F. Bake 20 minutes. Drizzle with icing.

2.00-3.00 - Live online learning- Teams – Cooking –Separate recipe from above

Friday 5th March

9.30 – Celebration assembly- Teams

Target learning- Practice you IEP targets and do some reading

PE- Go noodle <https://www.gonoodle.com/> or Joe

Wicks <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ> have a look at both web links and chose one that is suitable for your child.

11.00-11.30 -Live online learning- Attention Autism – Bucket

English- Communication- Play what's in the box or what am I? I spy , Simon says and other games that involve practicing your communication skills.

Maths-

Opener and warm up -Listen to our count to 100 song-

<https://www.youtube.com/watch?v=0TgLf3PMOc&list=PL4xFt4PgZEgdzrksyHQIs9YzGLQFWeBdK&index=8&t=0s>

Go onto Twinkl go and enter the code below and complete the tasks set for you.

Access this lesson using pin code: **DW6103**

at [Twinkl Go](#)

DT- Make a plastic bottle bird feeder- You can use any type of spoons instead of the wooden spoons.



Homemade Plastic Bottle Bird Feeder

What's Needed

- 1 Empty Water Bottle/Gatorade Bottle
- 2 Spoons
- Bird Seed
- string
- Scissors

Directions

1. Near the bottom of the bottle, cut a little larger than a quarter size hole into the side of the bottle. Poke a spoon handle through it until it hits the other side of the bottle and cut a small hole there so the handle can go through.
2. Repeat step 1 higher up on the bottle for the other spoon.
3. Tie a piece of twine around the neck of the bottle as a hanger for the birdfeeder.
4. Fill the bottle with the birdseed and hang your feeder outside.
5. The seed will fall out onto the spoons as the birds eat.
6. Fill up when needed!

1.00-1.30 -Live online learning- Teams – life skills

This week's Home Challenge –

Pressing patterns -Collect a range of petals, flowers, leaves and grasses. Ask an adult to help you use a non-steam iron to iron them flat between two sheets of greaseproof paper. When cool, peel the paper back to remove the items. Use them to create stunning natural pictures, experimenting with pattern, shape and form.

Bug hunt- Hunt for mini beasts in your outdoor space. Search high and low, in cracks, crevices, soil, plants and under rocks. Carefully place the creatures in clear containers to take a closer look. Can you identify them? Don't forget to return the mini beasts to their habitats when you're done.

Look at things around the room and say the sound they begin with. Can you hear the sound they end with too? Try writing some of them down

**We hope you have all had a good week and we can't wait to see all of your pictures, photos and activities that you have been doing.
Have a restful weekend, see you on Teams on Tuesday.**

Useful resources

<https://www.purplemash.com/sch/granta> - You will need your child's log in details.

<https://www.twinkl.co.uk/go> - Login with the lesson codes above.

<https://www.youtube.com/channel/UCHGyjX9dABJRXZ-b5OsCphQ/videos> - Granta school- You-tube channel –lots of staff made Videos-

